



Integration: Teleport HS Breakfast - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Honey Oat Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	

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Integration: Teleport HS Lunch - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • WGR Pasta Salad • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Fruit cup • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Steak Fries • Diced carrots • Oranges (2) • Skim Milk • Milk 1% low-fat • Ketchup 	<ul style="list-style-type: none"> • WGR Chicken Parmesan • Whole Grain Pasta • Broccoli • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef WGR Soft Taco: • Pinto Beans • Mixed Vegetables • Spanish Rice • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Lima Beans • Green Beans • Whole Grain Bread • Clementine (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Green Beans • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Stuffed Shells (3) • Green Peas • Mozzarella Cheese • Whole Grain Bread (2) • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Chicken Fajita w/ WGR Wrap: • Diced Carrots • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs: • Broccoli • Apple • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Baked Chicken Wings • Brown Rice and Beans • Collard Greens • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • Whole Grain Cheese Pizza • Broccoli • Baby Carrots • Apple • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Chicken & Broccoli • Brown Rice • Oriental Blend Vegetables • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn • Oranges (2) • Milk 1% low-fat • Skim Milk 	

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Integration: South HS Breakfast - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Honey Oat Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	

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Integration: South HS Lunch - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • WGR Pasta Salad • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Fruit cup • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Steak Fries • Diced carrots • Oranges (2) • Skim Milk • Milk 1% low-fat • Ketchup 	<ul style="list-style-type: none"> • WGR Chicken Parmesan • Whole Grain Pasta • Broccoli • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef WGR Soft Taco: • Pinto Beans • Mixed Vegetables • Spanish Rice • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Lima Beans • Green Beans • Whole Grain Bread • Clementine (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Green Beans • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Stuffed Shells (3) • Green Peas • Mozzarella Cheese • Whole Grain Bread (2) • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Chicken Fajita w/ WGR Wrap: • Diced Carrots • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs: • Broccoli • Apple • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Baked Chicken Wings • Brown Rice and Beans • Collard Greens • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • Whole Grain Cheese Pizza • Broccoli • Baby Carrots • Apple • Milk 1% low-fat • Skim Milk • 100% Assorted Fruit Juice 	<ul style="list-style-type: none"> • Chicken & Broccoli • Brown Rice • Oriental Blend Vegetables • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn • Oranges (2) • Milk 1% low-fat • Skim Milk 	

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Integration: South K-8 Breakfast - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Honey Oat Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	

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Integration: South K-8 Lunch - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pear • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Steak Fries • Mixed Vegetables • Orange • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Chicken Parmesan • Whole Grain Pasta • Broccoli • Pear • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef WGR Soft Taco: • Pinto Beans • Mixed Vegetables • Spanish Rice • Orange • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Green Beans • Whole Grain Bread • Clementine (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • Whole Grain Pasta • Green Beans • Pear • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Stuffed Shells (3) • Green Peas • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Chicken Fajita w/ WGR Wrap: • Diced Carrots • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs: • Broccoli • Apple • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Baked Chicken Wings • Brown Rice and Beans • Collard Greens • Banana • Milk 1% low-fat • Skim Milk 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • Whole Grain Cheese Pizza • Broccoli • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Chicken & Broccoli • Brown Rice • Oriental Blend Vegetables • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn • Orange • Milk 1% low-fat • Skim Milk 	

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Integration: Teleport K-8 Breakfast - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Wheat Bagel • Cream Cheese • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Honey Oat Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sep 1, 2022	Sep 2, 2022	Sep 3, 2022
				Closed	Closed	Closed
Sep 4, 2022	Sep 5, 2022	Sep 6, 2022	Sep 7, 2022	Sep 8, 2022	Sep 9, 2022	Sep 10, 2022
Closed	Closed	Closed	<ul style="list-style-type: none"> • Meals Delivered 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pear • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	Closed
Sep 11, 2022	Sep 12, 2022	Sep 13, 2022	Sep 14, 2022	Sep 15, 2022	Sep 16, 2022	Sep 17, 2022
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Steak Fries • Mixed Vegetables • Orange • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Chicken Parmesan • Whole Grain Pasta • Broccoli • Pear • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef WGR Soft Taco: • Pinto Beans • Mixed Vegetables • Spanish Rice • Orange • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Green Beans • Whole Grain Bread • Clementine (2) • Skim Milk • Milk 1% low-fat 	Closed
Sep 18, 2022	Sep 19, 2022	Sep 20, 2022	Sep 21, 2022	Sep 22, 2022	Sep 23, 2022	Sep 24, 2022
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • Whole Grain Pasta • Green Beans • Pear • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Stuffed Shells (3) • Green Peas • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Chicken Fajita w/ WGR Wrap: • Diced Carrots • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs: • Broccoli • Apple • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Baked Chicken Wings • Brown Rice and Beans • Collard Greens • Banana • Milk 1% low-fat • Skim Milk 	Closed
Sep 25, 2022	Sep 26, 2022	Sep 27, 2022	Sep 28, 2022	Sep 29, 2022	Sep 30, 2022	
Closed	Closed	Closed	<ul style="list-style-type: none"> • Whole Grain Cheese Pizza • Broccoli • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Chicken & Broccoli • Brown Rice • Oriental Blend Vegetables • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn • Orange • Milk 1% low-fat • Skim Milk 	

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